

Directory of Mental Health and Psychosocial Support Services (MHPSS) in the West Bank, occupied Palestinian territory

Palestinian Governmental and
Non-Governmental Organisations



Directory of Mental Health and Psychosocial Support Services (MHPSS) in the West Bank, occupied Palestinian territory

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Disclaimer:

At the time of publishing, the directory contains up-to-date information. However, details are subject to change as the MHPSS landscape in the oPt is dynamic. Amendment suggestions and updated contributions for this directory are welcomed and appreciated.

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Introduction

What is the MHPSS Directory?

The MHPSS Directory is a broad and detailed list of organisations providing mental health and social support services to people on the West Bank of the occupied Palestinian territory.

Who is the MHPSS Directory for?

The Directory is designed for people looking for mental health and psychosocial support for themselves or others. The resource can also support professionals, such as medical practitioners, social workers, and administrators who need to refer people to relevant mental health and psychosocial services on the West Bank.

About us

We are a team of researchers based at Birzeit University and King's College London. Our work seeks to better understand community inclusion and participation of people with mental illness in the community. As part of this, we mapped mental health and psychosocial support services available to people on the West Bank to make them more accessible.

The Directory lists 40 governmental and non-governmental organisations offering services that include:

- **Social support** (e.g., social activities, training, mentoring)
- **Family support** (e.g., activities for parents and children, counselling on marriage, family disputes and domestic violence)
- **Well-being focused services** (e.g., mental health and physical health support including diagnosis and treatment, emotional support, community support groups)

Some services are provided to all groups, others are specifically designed for women, children, adolescents, older people or survivors of torture.

The directory lists organisations in alphabetical order. The information provided for the organisations contains:

- **Full contact details**
- **Service locations and how to access the services**
- **Types of services offered**
- **Beneficiaries**
- **Staff qualification**

Iconographic Key



Address



Beneficiaries



Location of services



MHPSS Staffing



Focus



Active Since



Services

Contact us

If you have questions about the Directory or our research, please get in touch with:

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Table of Content

Governmental

Beit Al-Ajdad for Elderly Care	6
Bethlehem Community Mental Health Center	6
Bethlehem Psychiatric Hospital	7
East Jerusalem Community Mental Health Center	7
Halhul Community Mental Health Center	8
Hebron Community Mental Health Center	8
Jenin Community Mental Health Center	9
Jericho Community Mental Health Center	9
Ministry of Education/Directorate General of Comprehensive Health	10
Ministry of Health – Mental Health Unit	10
Ministry of Social Affairs	11
Nablus Community Mental Health Center	11
Qalqilya Community Mental Health Center	12
Ramallah Community Mental Health Center	12
Salfit Community Mental Health Center	13
Sheikha Fatima Bint Mubarak Vocational Rehabilitation Center	13
South Hebron Community Mental Health Center	14
Tubas Community Mental Health Center	14
Tulkarem Community Mental Health Center	15
Yatta Community Mental Health Centre	15

Non-Governmental

Al-Amal Society for Deaf Children	16
Al-Bir Society	16
Aman Counselling Center	17
Basma Center (The Jerusalem Princess Basma Center for Disabled Children)	17
Bethlehem Arab Society for Rehabilitation (BASR)	18
Health Work Committees	18
Hebron Rehabilitation Association	19
Juzoor for Health and Social Development	19
Palestinian Counselling Center (PCC)	20
Palestinian Medical Relief Society (PMRS)	20
Palestinian Red Crescent Society (PRCS)	21
Palestinian Union Social Workers and Psychologists	21
Patient's Friends Society Jerusalem	22
Social Rehabilitation Society	22
Thalassemia Patients' Friends Society – Palestine	23
The Guidance and Training Center for the Child and Family (GTC)	23
The Psycho-Social Counselling Center for Women (PSCCW)	24
Treatment and Rehabilitation Center for Victims of Torture (TRC)	24
Young Men's Christian Association (YMCA), East Jerusalem	25

Governmental

Beit Al-Ajdad for Elderly Care

Address: Hisham's Palace Street (behind the Governorate), Jericho
Tel: 02-2322319
Fax: 02-2316172
Email: beitalajdad@gmail.com / mbsharat@mosa.gov.ps

Jericho

Focus

Care for older persons

Services

- **Sheltering services:** Proper residence in healthy and calm environment that meets older persons' needs; balanced healthy food prepared by nursing staff and nutritionists; clean clothes; comprehensive healthcare in cooperation with different specialists from various health institutions, governmental organizations and NGOs
- **Mental health services:** Indoor and outdoor activities including craft, sport, cultural, religious activities; entertaining trips in addition to welcoming guests from different organizations and older persons from outside the center. Individual and group counselling sessions and treatment groups; meeting opportunities with older persons and children with special needs from outside the organisation; family visits
- **Day-care services:** Welcoming older persons from different governorates to spend time in the center and provide different nutritional, health and entertainment services
- **Home-care services:** Providing services for older persons suffering from difficult economic and social circumstances in their homes (location: Jericho)
- **Awareness raising and training:** Supporting and educating family members; creation of brochures on mental health problems for older persons

Beneficiaries

Older persons

MHPSS Staffing

Nurses (3)
Physiotherapists (2)
Psychosocial Support Workers (1)
Career Mentors (1)

*The organisation employs free lance staff in fields such as social development, economy, farming, supervision

Active Since

1955

Bethlehem Community Mental Health Center

Address: Directorate of Health (opposite the Central Market, Bethlehem)
Tel: 02-2741756
Fax: 02-2741023

Bethlehem

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients through employment; entertainment activities for the patients and their families
- Training for college and university students

Beneficiaries

All affected demographic groups
Trainees (incl. university and college students)

MHPSS Staffing

Nurses (1)
Psychiatrists (1)
Social Workers (3)

Active Since

2012

Governmental

Bethlehem Psychiatric Hospital

Address: Al-Jabal Street, Bethlehem

Bethlehem (Serves all governorates)

Focus

Inpatient and outpatient medical treatment and rehabilitation services for people with severe mental health problems. EEG services, nationwide electroconvulsive therapy, and occupational therapy sessions

Services

- Inpatient services for people suffering from psychotic conditions
- Mental health assessments and legal advice
- Outpatient services
- Occupational therapy for in-patients and out-patients (in-hospital and clinics)
- Psychological assessment and evaluation (including for purposes of giving testimonies and providing judicial services and for licensing a weapon to someone)
- Cooperating with Mehwar Shelter Center for traumatised women who suffer from suicidal ideation and other severe behavioral problems. Cooperation with other similar centers and judicial authorities
- Educational and training hospital for nursing, occupational therapy, social service, counseling (two I), and psychiatry specialisation (accredited by the Arab, Palestinian and Jordanian boards)
- Psychiatry training is for students. Recreational activities for patients and their families.

Beneficiaries

Adults with severe neurological and mental health problems

MHPSS Staffing

General Practitioners (5 residents, 2 specialists)
Nurses (88)
Occupational Therapists (2)
Psychologists (2)
Social Workers (2)

Active Since

1989

East Jerusalem Community Mental Health Center

Address: Main Street (in front of Al-Aytaam school), Al-Izareya, East Jerusalem

Tel: 02-2790260

Fax: 02-2791510

East Jerusalem

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients through employment
- Rehabilitation for adults and children

Beneficiaries

All affected demographic groups

MHPSS Staffing

General Practitioners (1)
Psychologists (1)
Social Workers (1)
Physiotherapists (1)

Active Since

2007

Governmental

Halhul Community Mental Health Center

Address: Dahr Ktait(close to Municipality of Halhul, the other side of the street), Halhul, Hebron
Tel: 02-2212419
Mob: 0562401741
Fax: 02-2212420
Email: halhulcca@gmail.com / dreyadalazze@gmail.com

Halhul

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Psychosocial services and psychological first aid
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients
- Educational services related to children's mental disorders
- Training for college and university students
- Rehabilitation for children and adolescents

Beneficiaries

All affected demographic groups
Trainees (incl. university and college students)

MHPSS Staffing

Nurses (1)
Psychiatrists (1)
Psychologists (2)
Social Workers (1)
Speech Therapists (1)
Physiotherapists (1)

Active Since

2009

Hebron Community Mental Health Center

Address: Douar Al-Siha, Central Hebron
Fax: 02-2293721

Hebron

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families.
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients
- Training for college and university students

Beneficiaries

All affected demographic groups
Trainees (incl. university students and interns)

MHPSS Staffing

Nurses (1)
Psychiatrists (1)
Psychologists (1)
Social Workers (2)

Active Since

2004

Governmental

Jenin Community Mental Health Center

Address: Al-A'dl Street, Governmental Hospital Street, Jenin
Tel: 04-2502608
Fax: 04-2502607

Jenin

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients
- Training for college and university students

Beneficiaries

All affected demographic groups
Trainees (incl. university and college students)

MHPSS Staffing

Nurses (1)
Occupational Therapists (1)
Pharmacists (1)
Psychiatrists (1)
Psychologists (2)
Social Workers (1)
General Practitioners (1)

Active Since

2009

Jericho Community Mental Health Center

Address: Amman Street (near the Police Directorate), Jericho
Tel: 02-2322573
Fax: 02-2321292

Jericho

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients
- Training for college and university students
- Rehabilitation for adults and children

Beneficiaries

All affected demographic groups
Trainees (incl. university and college students)

MHPSS Staffing

Psychiatrists (1)
Psychologists (1)
Social Workers (1)
Physiotherapists (1)

Active Since

2008

Governmental

Ministry of Education/Directorate General of Comprehensive Health

Address: Al-Masyoun, Ramallah
Tel: 02-2969343
Fax: 02-2954518
Email: info@mohe.gov.ps
Website: www.moe.edu

Bethlehem, Hebron, Jenin, Jericho, Jerusalem, Nablus, Qalqilya, Ramallah and Al-Bireh, Salfit, Tubas, Tulkarem, Birzeit, Jerusalem, Jerusalem suburbs, Qabatiya, South Hebron, North Hebron, Yatta

Focus

Education, training and psychosocial services for youth with mental and physical disabilities

Services

- Psychosocial support services
- Preventive development services
- Education for persons with disabilities
- Educational counselling
- Rehabilitation, psychosocial and counselling services
- Ensuring disability-friendly environments at schools
- Curriculum development
- Providing and printing Braille books for students with sight disabilities for all grades
- Advocacy and lobbying for disability and mental health related problems
- Training for college and university students; awareness raising and training for teachers
- Partnerships with programmes provided by Ministry of Health and Social Affairs as well as various NGOs

Beneficiaries

Students of all ages and students with behavioral, social and psychological problems

MHPSS Staffing

Heads of Guidance Departments in the Ministry
Heads of educational counseling (two I) departments
Guidance supervisors in the directorates
School psychological counselors (two I)

Active Since

1996

Ministry of Health – Mental Health Unit

Address: Al-Ayyam Newspaper Street (next to Izhiman Furniture), Ramallah
Tel: 02-2989370
Fax: 02- 2989371

Bethlehem, Hebron, Jenin, Jericho, Jerusalem, Nablus, Qalqilya, Ramallah, Salfit, Tubas, Tulkarem

Focus

Providing mental health service and policy development on national level

Services

- Developing mental health strategies, treatment protocols and legislations
- Training and capacity building for staff in community-based mental health centers
- Technical supervision, development of skills and capacity of mental health service providers in community-based mental health centers
- Awareness raising, lobbying and development of professional networks

Beneficiaries

All affected demographic groups

MHPSS Staffing

Coordinators of Community Development (1)
Director of the Unit (1)

Active Since

2008

Governmental

Ministry of Social Affairs

Address: Ministries Complex, Al Masyoun, Ramallah
Tel: 02-2405641
Fax: 02-2405642
Email: info@mosa.pna.ps
Website: www.mosa.pna.ps

Bethlehem, Hebron, Jenin, Jericho, Jerusalem, Nablus, Qalqilya, Ramallah, Salfit, Tubas, Tulkarem

Focus

Support for marginalised groups through social, economic and legal services

Services

- Poverty alleviation through regular monetary aid for poor families, food aid, health insurance, rehabilitation of households, water and electricity, school and university exemptions, and help in income generating projects and vocational training for youth with disabilities
- Addressing marginalisation, violence, social exclusion in the Palestinian society (with focus on women, children, older persons, and persons with disabilities) through social, economic and legal support mechanisms
- Promoting community culture around concepts of rights, justice and accountability through community awareness campaigns about women's rights, children's rights and the rights of persons with disabilities; the provision of services for rehabilitation, empowerment, and integration; community awareness campaigns and services for older persons

Beneficiaries

All affected demographic groups

MHPSS Staffing

Counsellors (14)
Experts in teaching techniques and educational specialisation (2)
Educational Rehabilitation Workers (6)
Geographers and rural development experts (7)
Psychologists (37)
Psychotherapists (2)
Social Workers (78)
Sociologists (91)
Social Scientists (1)

*The Ministry employs many more experts in fields such as human rights, economy, social science, gender studies, administration etc.

Active Since

1994

Nablus Community Mental Health Center

Address: Al-Makhfeah Street, Al-Makhfeah, Nablus
Tel: 09-2345601
Fax: 09-2345425

Nablus

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients
- Training for college and university students

Beneficiaries

All affected demographic groups
Trainees (incl. university and college students)

MHPSS Staffing

Nurses (1)
Pharmacists (1)
Psychiatrists (1)
Psychologists (5)
Social Workers (3)

Active Since

2009

Governmental

Qalqilya Community Mental Health Centre

Address: Shreem Neighbourhood, Southern Health Area, Qalqilya
Tel: 09-2940054
Fax: 09-2941055

Qalqilya

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients
- Training for college and university students

Beneficiaries

All affected demographic groups
Trainees (incl. university and college students)

MHPSS Staffing

Occupational Work/Therapy Trainers (1)
Managers (1)
Career Mentors (1)
Deputy Directors (1)
Occupational Work/Therapy Supervisors (1)
Social Workers (1)
Teachers (2)
Follow-up Officers (1)
Cleaners (1)
Drivers (2)
Guards (3)

Active Since

2005

Ramallah Community Mental Health Centre

Address: Al-Balo', Al-Bireh, Ramallah
Tel: 02-2401625
Fax: 02-2408594

Ramallah

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Psychosocial considerations for education
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients
- Training for college and university students and for health professionals for mental health integration in healthcare

Beneficiaries

All affected demographic groups
Trainees (incl. health professionals)

MHPSS Staffing

Health Educators (1)
Nurses (1)
Psychiatrists (2)
Psychologists (1)
Social Workers (3)

Active Since

1995

Governmental

Salfit Community Mental Health Center

Address: Salfit Health Directorate (3rd floor), Al-Madina Al-Monawara Street, Salfit
Tel: 09-2515620
Fax: 09-2515066

Salfit, several villages south of Nablus (Qabalan, Jamma'in, Al-Lubban) and several villages surrounding Ramallah (Qarawat Bani Zeid, 'Arura)

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Occupational therapy services
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients
- Family intervention for persons with mental health problems
- Home visits
- Awareness raising

Beneficiaries

All affected demographic groups
Trainees (incl. university and college students)

MHPSS Staffing

Health Educators (1)
Occupational Therapists (1)
Psychologists (2)
Social Workers (3)
Psychiatrists (1)
Nurses (1)

Active Since

2008

Sheikha Fatima Bint Mubarak Vocational Rehabilitation Center

Address: Al Sheikha Fatima neighbourhood, Irk Al Latoon, Beit Ummar, Hebron
Tel: 02-22526571
Fax: 02-2252657
Email: fatem.center@mosa.gov.ps / akemari@mosa.gov.ps

Hebron, Bethlehem

Focus

Providing physical disability rehabilitation and psychological services to physically disabled individuals

Services

- Vocational training in workshops or within labour market
- Health care and support in accessing aid devices
- Providing vocational guidance and employment services
- Transportation for trainees to reach the center

Beneficiaries

Persons with learning disabilities, physical disabilities, hearing and speech disabilities (incl. partial hearing impairment)

MHPSS Staffing

Occupational Work/Therapy Trainers (1)
Managers (1)
Career Mentors (1)
Deputy Directors (1)
Occupational Work/Therapy Supervisors (1)
Social Workers (1)
Teachers (2)
Follow-up Officers (1)
Cleaners (1)
Drivers (2)
Guards (3)

Active Since

2011

Governmental

South Hebron Community Mental Health Center

Address: South Hebron, Dura, Hai Al-Madares
Tel: 02-2281411
Fax: 02-2281413

Dura, Thahiriya, Al Samou', Fawwar Camp, Al-Rayhiyya, Sinjir

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients

Beneficiaries

All affected demographic groups

MHPSS Staffing

Psychiatrists (1)
Psychologists (1)
Social Workers (1)
Health Educators (1)
Volunteers (1)

Active Since

2012

Tubas Community Mental Health Center

Address: Old Clinic – Directorate of Education Street, Tubas
Tel: 09-2574513
Fax: 09-2571095

Tubas

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients
- Rehabilitation treatment for adults

Beneficiaries

All affected demographic groups

MHPSS Staffing

Psychiatrists (1)
Psychologists (1)
Social Workers (1)
Physiotherapists (1)

Active Since

2008

Governmental

Tulkarem Community Mental Health Center

Address: Tulkarem, The South Health Directorate
Tel: 09-2682916
Fax: 09-2675236

Tulkarem

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients
- Training for college and university students

Beneficiaries

All affected demographic groups
Trainees (incl. university and college students)

MHPSS Staffing

Psychiatrists (1)
Psychologists (2)
Nurses (1)
Social Workers (1)

Active Since

2004

Yatta Community Mental Health Centre

Address: Raq'a, Al Yasir Mosque (near the Arab Bank)

Yatta, Masafer Yatta

Focus

Providing psychological services, pharmaceutical treatment of mental health problems, and raising awareness of mental health among communities

Services

- Pharmaceutical treatment for psychiatric patients
- Psychological counselling for individuals, groups and families
- Community services: Anti-stigma campaigns and lobbying; awareness raising for early detection and treatment for mental health problems; community integration of psychiatric patients
- Training for college and university students

Beneficiaries

Adults

MHPSS Staffing

Psychiatrists (1)
Social Workers (1)
Psychologists (1)

Active Since

2015

Non-Governmental

Al-Amal Society for Deaf Children

Address: Al Dahdah Area (near the Traffic Department), Hebron
Tel: 02-2220114
Fax: 02-2220114
Email: alamalsociety@gmail.com /
alamal_society@yahoo.com

Hebron

Focus

Rehabilitation and educational services for children with hearing impairments and people with learning problems

Services

- Special education for children with hearing impairments between the ages of 3-18
- Special education for deaf children between the ages of 3-16
- Rehabilitation programme for children who have speech, linguistic and hearing difficulties
- Hearing sonography center for deaf and non-deaf children
- Support for children who have learning disabilities, communication difficulties, hyperactivity, and autism spectrum disorder (this service is for both deaf and non-deaf children)

Beneficiaries

Children with hearing disabilities

MHPSS Staffing

Teachers (specialised in education, psychology, hearing and speech therapy) **(20)**
Hearing Sonography Specialists **(2)**

Active Since

1987

Al-Bir Society

Address: Jerusalem Street, Aqabat Jaber Camp, Jericho
Tel: 02-2322641
Fax: 02-2322583
Email: albirsoc@gmail.com

Jericho

Focus

Education and vocational training for children and adolescents

Services

- Industrial school
- Academic education and computer training
- Sewing training for girls
- Kindergarten
- Students affairs office

Beneficiaries

Children and adolescents

MHPSS Staffing

Teachers **(11)**
Supervisors **(6)**

Active Since

1952

Non-Governmental

Aman Counselling Centre

Address: Al-Salam Street (near Al-Salam Gas Station), Hebron
Tel: 02-2227944 / 02-2230740
Fax: 02-2214805
Email: info@aman.org.ps

Hebron

Focus

Providing psychological services and non-pharmacological treatment of mental health problems. Awareness raising of mental and social health problems through media programmes

Services

- Psychological counselling for individuals, groups and families
- Psychological and psychosocial support targeted at women. Activities include spring, summer and winter camps for school children, awareness raising, and bi-monthly educational lectures on topics like menopause, psychological trauma and other mental disorders, adolescence and early marriage, sex, gender-based violence, prospective marriage, rights and political participation
- Counselling and summer camp activities for children
- International training on "Alternatives to Violence" for pupils and university students, counsellors, teachers, mothers and children. It also includes training for trainers
- Capacity building of workers, social and psychological workers, counselors (two I) in institutions and students in field training courses for specialisation

Beneficiaries

All affected demographic groups

MHPSS Staffing

Psychologists (2)
Social Workers (2)
Volunteers

Active Since

2010

Basma Centre (The Jerusalem Princess Basma Centre for Disabled Children)

Address: Mount of Olives - Rabaa Al-Adawiya Street 73
PO Box 19764 - East Jerusalem 91197
Tel: 02-6283058
Fax: 02-6274449
Email: centre.org-info@basma
Website: www.basma-centre.org

Hebron, Jerusalem (incl. East Jerusalem), Nablus, Ramallah

Focus

Services for children with disabilities in both the health and educational fields

Services

- Comprehensive rehabilitation services
- Child development services
- Training and treatment services for students of Princess Basma Secondary University School
- Mother and Family Empowerment Programme: a comprehensive rehabilitation programme where a partnership is established with mothers and families to enable them to complete the treatment of their children from home as shadow therapists. Provision of psychological support to families.

Beneficiaries

Children with disabilities and their families

MHPSS Staffing

Employees (total): 135
Administrators
Occupational Therapists
Physiotherapists
Speech and Language Therapists
Hydrotherapists
Psychosocial Support Workers
Behavioural Therapists
Music Therapists
Nurses
Secretariat
Service Staff
Teachers
Teaching Assistants
General Practitioners

Active Since

1964

Non-Governmental

Bethlehem Arab Society for Rehabilitation (BASR)

Address: Al-Nuzha Street, Beit Jala, Bethlehem
Tel: 02-2749793
Fax: 02-2749001
Email: cbrsouth@cbrsouth.org
Website: www.basr.org/en/

Bethlehem (serves people from different governorates, in addition to providing remote sessions if necessary)

Focus

Psychotherapeutic services to the general public and persons with disabilities and their families. Also provided are support, guidance and social protection within the scope of its integrated work approach

Services

- Safe space and support for people with psychological difficulties
- Psychological interventions for behavioural difficulties to achieve psychological balance for children with disabilities
- Neuropsychological assessments
- Psychological support for staff in community centers that provide services for persons with disabilities
- Assessment and monitoring of needs of persons with disabilities and their families at the social and economic level, and development of intervention plans
- Coordination with and referral to specialised units and institutions to provide psychological and social support z services to persons with disabilities
- Monitoring of violence against persons with disabilities
- Capacity building of and support for staff working in mental health

Beneficiaries

People with mental health problems and disabilities and their families

MHPSS Staffing

Employees (total): 27
Psychologists (3)
Social Protection Officers (1)

Active Since

1960

Health Work Committees

Address: P.O. Box 3966, Sateh Marhaba, Al Bireh, Ramallah
Tel: +972 02 2427518/9
Fax: +972 02 2427517
Email: info@hwc-pal.org
Website: http://www.hwc-pal.org/

Bethlehem, Beit Sahour, Hebron, Jerusalem, Nablus, Ramallah, Tubas

Focus

Health services for marginalised persons from low socioeconomic backgrounds through a rights-based approach. An additional focus is on lobbying and advocacy in support of policies and legislations for the realisation of a free democratic society that allows its citizens to enjoy their social rights

Services

- Health and development services in centers across the West Bank and through mobile clinics in the northern Jordan Valley, Area C, and the southern areas of the West Bank
- Community Based Rehabilitation programme (CBR) for persons with physical and mental disabilities
- Awareness workshops and campaigns as part of the CBR programme on the rights of persons with disabilities

Beneficiaries

All affected demographic groups (particularly low socioeconomic and marginalised groups)

MHPSS Staffing

Total of 270 Full-time employees 150 Part-time and contracted medical professionals
Counsellors
General Practitioners (20 full-time and around 50 on special contracts)
Nurses (45)
Psychiatrists (on contract basis)

Active Since

1985

Non-Governmental

Hebron Rehabilitation Association

Address: Al Dahdah (next to Traffic Department), Hebron
Tel: 02-2215037
Fax: 02-2224742
Email: info@hebronrehab.org
Website: www.hebronrehab.org

Hebron (Serves all governorates)

Focus

Accommodation, rehabilitation, health and educational services for persons with mental and physical disabilities

Services

- Internal special school for children with physical or mental disabilities
- Physiotherapy, dentistry, speech rehabilitation, medical and laboratory services
- Bin Rashid al-Maktoom center for children with mild disabilities, including autism, who require special treatment and education
- Vocational qualification provided to girls

Beneficiaries

Persons with mental and complex disabilities, Down syndrome, autism, and learning difficulties and children with developmental disorders

MHPSS Staffing

General Practitioners (specialised in autism) (1)
Nurses (40)
Occupational Therapists (2)
Physiotherapists (6)
Speech Therapists (1)
Teachers (specialised in education, autism, rehabilitation) (20)

Active Since

1983

Juzoor for Health and Social Development

Address: Islamic Palestinian Bank Building (3rd floor), Al-Arkan Street, P.O. Box 4207, Al-Bireh, Ramallah
Other Address: Jerusalem - PO Box 17333
Tel: 02-2414488
Fax: 02-2414484
Email: info@juzoor.org
Website: http://www.juzoor.org/

Jerusalem and Ramallah (with outreach to other parts of the West Bank)

Focus

Training in mental health and psychosocial support provided to primary health workers and specialists with a vision to address health from a holistic perspective and with a focus on the social determinants of health. Adolescent sexual health projects and training of teachers, counselors (two I) and parents in the prevention of self-harm and suicide

Services

- Training programmes for professional organisations across the West Bank with programme areas such as Psychosocial Health; Non-Communicable Diseases; Emergency Medicine; Impacting Health and Social Policies; Continuous Professional Development; and Empowering Communities.

Beneficiaries

Trainees (incl. health workers, social workers, educators)

MHPSS Staffing

Community Health Workers (4; varies on project basis)
Curriculum Designers (specialised on public health) (1)
General Practitioners (3)
Health Educator Consultants (1)
Nurses (5)
Psychologists (3)
Volunteers (6)

Active Since

1996

Non-Governmental

Palestinian Counselling Centre (PCC)

Address: Jerusalem: The Old City, Al-Saadiyeh Quarter, Al-Hilal Street, 9.
Tel: 02-6562272

Ramallah: Al-Arsal, behind the Muqata'a, Al-Jamil Center Street, Ishtar Building, 5th floor.
Tel: 02-2989788

Nablus: University Street
Tel: 09-2335946

Azzun/ Qalqilya: In front of Al-Shahid Yasser Arafat School
Tel: 09-2902462

Jerusalem and the southern West Bank, Ramallah and its environs, Nablus and surrounding villages, Qalqilya, Tulkarem and the surrounding villages

Focus

Providing individual and group psychological counselling and treatment services for individuals, families and groups

Services

- Psychological counseling (two I) and psychotherapy for individuals, families and groups
- Psychosocial support for those affected by emergencies
- Psychological first aid for families and children exposed to psychological trauma as a result of their exposure to violence (demolition and loss of homes, the death or arrest of family members)
- Strengthening and empowering young men and women in the face of violence, life difficulties, and identity crises
- Strengthening and empowering women psychologically and socially in the most marginalised areas
- Support and empowerment of children to protect themselves from harm and violence
- Building the capacities of community institutions in marginalised towns to develop social and psychological programmes to serve their communities
- Building the capacities of university students, recent graduates, institutions and workers in the field of mental and community health
- Lobbying and advocacy campaigns to support individuals who face psychological, social and educational difficulties to obtain their rights

Beneficiaries

All affected demographic groups

MHPSS Staffing

Clinical Psychologists (3)
Counsellors (5)
Psychologists (10)
Social Workers (16)
Educational Specialists (2)

Active Since
1983

Palestinian Medical Relief Society (PMRS)

Address: PMRS Building, P.O. Box 572, Al-Bireh, Ramallah
Tel: 02-2969970
Fax: 02-2969999
E-Mail: pmrs@pmrs.ps
Website: <http://www.pmrs.ps/>

Ramallah, Bethlehem, Qalqilya, Nablus, Jenin, Tulkarem, Salfit, Hebron

Focus

Aims to improve physical, mental, and social wellbeing of Palestinians through primary healthcare, psychosocial and counselling support, and advocacy integrated within primary health care to avoid social stigma

Services

- Safe houses (3) for abused women and those who have been subjected to violence (Jenin, Tulkarem, Hebron)
- Psychosocial and counselling programmes including individual interventions, group counselling, and training and education programmes
- Community-based rehabilitation programmes including services for persons with disabilities and home services for persons with mental health problems
- Women's health programmes with a focus on mental health and psychosocial support (especially prevention of postpartum depression); this includes home visits
- Youth programmes which include a mental health component and psychosocial activities organised by the youth programme for other community groups i.e. the elderly and people with thalassemia

Beneficiaries

All affected demographic groups

MHPSS Staffing

Total of 350 employees (including administration and board members-40)
Community Health Workers (75)
General Practitioners (75 including specialists)
Nurses and Health Workers (15)
Occupational Therapists (5)
Psychologists (17)
Social Workers (11)
Volunteers (between 3000 and 7000)

Active Since

1978

Licensed in: 1994

Non-Governmental

Palestinian Red Crescent Society (PRCS)

Address: Al-Bireh, Ramallah
Tel: 02-2978520
Fax: 02-2406518
Email: info@palestinercs.org
Website: <https://www.palestinercs.org/>

All areas of the West Bank

Focus

Preventive and curative health care services, rehabilitation, volunteer activities, and programmes promoting social and cultural development with a focus on the most vulnerable members of the society. Psychosocial services are offered at the center as well as in the community

Services

- Rehabilitation programmes with specialised services for children with mental disabilities or cerebral palsy
- Psychosocial support programme offering guidance and psychosocial support to staff, volunteers, and beneficiaries.
- Training on psychological interventions during emergencies
- Awareness raising initiatives and educational activities for disability

Beneficiaries

All affected demographic groups

MHPSS Staffing

Total of 4,200 employees in West Bank and Gaza
Volunteer Network of **20,000+** people in the Middle East Region

Active Since

1968

Palestinian Union Social Workers and Psychologists

Address: Jerusalem Hebron Street (behind Al Hala), Ad-Doha, Bethlehem
Tel: 02-2766930
Fax: 02-2766930
Email: puswp_info@yahoo.com

Bethlehem

Focus

Representation of psychologists and social workers with a focus on supporting and preserving the rights of workers, and resolving work-place related problems

Services

- Referrals for psychosocial services to union-member organisations for persons with mental health and psychosocial problems
- Capacity building courses for psychosocial workers based on needs assessments

Beneficiaries

Psychologists, Social workers

MHPSS Staffing

Administrative Committee (7)
General Board (194)

Active Since

1997

Non-Governmental

Patient's Friends Society Jerusalem

Address: Ras Al-Amoud, Panorama Hotel, P.O. Box 51089, Jerusalem 91202
Tel: 02-6264674
Email: info@pfsjerusalem.org / pfsjer@yahoo.com
Website: <http://www.pfsjerusalem.org/>

Jerusalem (with outreach to other parts of the West Bank)

Focus

Public health services for Palestinian women suffering from cancer and their families through health education and counselling, cancer screening for early detection, and conducting research

Services

- Lymphedema massage-therapy
- Preliminary diagnosis of osteoporosis
- Art- and music-therapy
- Self-help groups
- Special medical supplies after surgery for cancer patients (breast prosthesis, special medical bras, and wigs)
- Psychosocial counselling provided in combination with other forms of treatment
- Support groups for patients and their families
- Community health education focusing on breast disease, sexually transmitted infections, osteoporosis, and midwifery
- Awareness raising and advocacy: brochures on diseases such as cancer and osteoporosis; advocacy for breast cancer prevention, treatment and psychosocial support
- Referrals to relevant health institutions and social support services
- Training health workers, including doctors and nurses

Beneficiaries

All affected demographic groups

MHPSS Staffing

Community Health Workers (1)
Consultant Nurses (1)
Managers (1)
Project Managers (1)
Social Workers (5)
Therapists (subcontracted Art Therapists, Massage-Therapists, Music Therapists)
Volunteers (+40)

Active Since
1980

Social Rehabilitation Society

Address: Fawwar Camp (next to Fawwar Primary Boys School), Hebron
Tel: 02-2283980
Fax: 02-2283980
Email: CRCFawwar@yahoo.com

Hebron

Focus

Integrating persons with disabilities and their families in the community and providing rehabilitation and other therapeutic services, education and training, and improving accessibility of building structures

Services

- Rehabilitation services for persons with disabilities between the ages of 5-20. Services also include vocational and occupational therapy
- Facilitating integration of children with disabilities in kindergartens and schools, and developing children's educational and mental skills through the provision of toys
- Speech therapy, physiotherapy, artificial limbs services, and home visits as well as the provision of aid devices like wheelchairs, walkers, medical beds, and mats
- Referral services to specialised rehabilitation and medical institutions
- Environmental modifications to make homes and public buildings accessible to persons with disabilities
- Vocational training, workshops and summer camps for persons with disabilities
- Capacity building of and awareness raising for mothers with children with disabilities
- Continuous professional training programme to develop the skills of community-based rehabilitation workers through workshops, lectures and seminars

Beneficiaries

All affected demographic groups

MHPSS Staffing

Administrative Committee (11)
Community-Based Rehabilitation Workers (8)

Active Since

1990

Non-Governmental

Thalassemia Patients' Friends Society – Palestine

Address: Medical center (4th floor), P.O. Box 2252, Old City, Al-Bireh, Ramallah
Tel: 02-2412331
Fax: 02-2412332
Email: Tpfs96@yahoo.com

Al-Bireh

Focus

Provision of guaranteed medical treatment and psychosocial support for thalassemia patients. Ensuring better quality services for thalassemia patients. Providing awareness raising and education about thalassemia and its prevention and treatment to the wider community

Services

- Improving the quality of life of thalassemia patients through disease management, improved care and personal assistance as well as integration into the community
- Provision of medical tests (hormones, cardiac, osteoporosis), treatment and follow-up care
- Rehabilitation services in Ministry of Health hospital day-care units and recreational activities for patients and their families
- Implementing blood donation campaigns in every university
- Training for college and university students as well as staff of the Ministry of Education and UNRWA on the prevention and treatment of thalassemia
- Workshops directed at patients and their families to explain the concept of quality of life
- Awareness raising about thalassemia disease prevention through national campaigns

Beneficiaries

Thalassemia patients and their families

MHPSS Staffing

Psychologists (2)

Active Since

1996

The Guidance and Training Center for the Child and Family (GTC)

Address: 153 Manger Street, Bethlehem
Tel: 02-2770489
Fax: 02-2770488
Email: gtc@gtc.ps / rula.sh@gtc.ps
Website: <http://www.gtc.ps/index.php/en/>

Bethlehem

Focus

Provision of clinical mental health services and educational programmes and conducting mental health research. Research on the needs of Palestinians in general and the developmental, psychological and educational needs of children and their families in particular. The aim is to develop methods for treatment and diagnosis, and to create community and family awareness in the field of mental health.

Services

- Individual and group therapy through (a) integrative therapy combining Cognitive Behavioural Therapy with psycho-dynamic, psychosocial, physiotherapy and supportive sessions; (b) family therapy focusing on communication skills, dynamics, and family functioning; (c) couple counselling/ therapy focusing on communication and conflict management; (d) parenting through education, training and supervision for parents wanting to improve child rearing practices and relationships with their children; (e) psychiatric services including assessments and pharmaceutical treatment
- Support groups for children at risk and those suffering from emotional disturbances and behavioural problems; parents of children with special needs or mental health problems; and individuals with mental health problems
- Training for school counsellors and psychology graduates
- Training for mental health professionals, teachers and parents

Beneficiaries

All affected demographic groups

MHPSS Staffing

Learning Disability Educators (1)
Occupational Therapists (1)
Psychiatrists (1)
Psychologists (8)
Social Workers (2)
Psychology Interns (9-10)

Active Since

1994

Non-Governmental

The Psycho-Social Counselling Center for Women (PSCCW)

Address: Al-Quds Al-Khalil Street, next to the Syndicate of Psychologists, Bethlehem Branch
Second Branch: Salfit Office, Professional Associations Complex, Salfit
Tel: 02-2750895
Fax: 02-2745578
Email: info@pccw.org
Website: www.pccw.org/

Bethlehem, Salfit, Nablus, Tulkarem, Hebron, Jordan Valley

Focus

Specialisation in the area of women's empowerment from a human rights and feminist perspective with a focus on those suffering from psychological trauma due to the experience of social or political violence

Services

- Psychosocial counselling and rehabilitation for women suffering from psychological trauma due to the experience of social or political violence
- Legal aid
- Crisis intervention with communities in conflict zones
- Vocational rehabilitation for women to achieve economic empowerment
- Establishment of female grassroots centers in villages and refugee camps for local capacity building, partnership and networking
- Advocacy against gender-based violence

Beneficiaries

Women

MHPSS Staffing

Community Workers (1)
Social Workers (3)

Active Since

1997

Treatment and Rehabilitation Center for Victims of Torture (TRC)

Address: Al Masa Building (3rd floor), Al-Irsal Street, P.O. Box 468, Ramallah 2119
Tel: 02-2961710 / 02-2961710 / 02-2963932
Fax: 02-2989123
Email: info@trc-pal.org / admin@trcpal.org
Website: http://english.trc-pal.org/

Ramallah (with outreach to other parts of the West Bank and Jerusalem)

Focus

Providing a range of clinical psychiatric services and psychosocial and rehabilitation interventions for victims of torture and their families

Services

- Psychological therapy for individuals, groups, families including Cognitive Behavioural Therapy; art and play child therapy; narrative therapy; Eye Movement Desensitization and Reprocessing therapy (EMDR)
- Vocational rehabilitation
- Psychosocial and recreational activities for children (e.g. summer camps)
- Awareness raising on human rights, mental health and torture
- Research and report writing on human rights, mental health and torture
- Mental health training (e.g. Psychodrama, Narrative Therapy)

Beneficiaries

Survivors of torture and their families

MHPSS Staffing

Pharmacists (1)
Psychiatrists (3)
Psychologists (11)
Social Workers (2)
Volunteers (5-7)

Active Since

1997

Non-Governmental

Young Men's Christian Association (YMCA), East Jerusalem

Address: P.O. Box 19023, 29 Nablus Road, East Jerusalem
Tel: 02-2772713
Fax: 02-2772203
Email: ymcarp@ej-ymca.org
Website: <http://www.ej-ymca.org/>

All areas of the West Bank including Jerusalem

Focus

Psychosocial counselling and rehabilitation services

Services

- Psychosocial counseling (two I)
- Family interventions
- Emergency interventions and mental health first aid
- Vocational qualification
- Community activities and raising community awareness about mental health, psychosocial problems and physical disability
- Training and capacity development at the local and international levels

Beneficiaries

Survivors of political violence and persons with mobility disabilities and their families (from new borns to 45 years old)

MHPSS Staffing

Psychosocial Workers (26)
Psychosocial Counselors (two I) (6)

Active Since

1949



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